



NPDR BEAT

November 2009

Volume 6, Issue 11

From Sgt. Mark Murphy's Desk...

Hello to all. Hope everyone is enjoying the nice November weather. It is making up for the miserable October we had. Our year is coming to an end quickly.

As many of you probably know, Ramsey County Sheriff's Reserve Officer Mike Wilken's was struck and killed by a motorist while directing traffic at the Ramsey County Sheriff's sponsored fright house. I commend Capt. Murphy, Sgt. Ragalie, Sgt. Engstroem and Reserve Moses for soliciting interest and attending RCSO Reserve Wilken's funeral on Friday, October 30, 2009. Special thanks to Sgt. Ragalie for taking extra time to get the Trailblazer gassed up and looking presentable. I know that the show of support from other agencies/officers is very important to the families of fallen officers. Thank you for going and representing the Northfield Police Department.

The lose of RCSO Wilken is also a time to reflect on the dangers and risks involved in being a Reserve Officer. You too are subject to the many risks and dangers of policing as are full-time officers. It is important that each time you report for duty that you do so with a positive and a will win attitude and frame of mind. The goal is always to go home...in one piece. I hope that we never have an incident where any of you are injured or killed in the line of duty. You are all very important to your families, department, community and me, please be and stay safe.

Thanks to all of you who have been helping out with the different events that have been going on this past month. They are as follows: Halloween saw us very busy with calls for service involving Alcohol. The ER was so full they closed it. Thanks to Sgt. Engstroem and Reserve Moses for getting out in the Trailblazer and assisting as needed. Sgt. Ragalie rode with me, Reserve Lindberg rode with Officer Bailey, Reserve Feldhake rode with Officer Malecha and Reserve Hermstad rode with Officer Tussing for a Safe and Sober Shift. It was a very busy night and all your help was greatly appreciated. The hospital was so busy that they called in extra personnel, including Steve Moses for lab tech coverage.

Much more continued on page 6...

OCT'S MEETING :

- > Review of Prisoner Transportation Issues Policy# 7-609
- > Review of Police Reserve Prisoner Transport Policy# 7-611

**Next Meeting
Monday
Nov.
16th**

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RESERVES IN THE NEWS...DEPUTY MICHAEL WILKEN (October 24, 2009, on duty accident)



MAPLEWOOD, Minn. (WCCO) The driver who allegedly hit and killed a reserve deputy in Maplewood Saturday evening has been identified. Alexander George Juarez was the sole occupant in the vehicle that hit Deputy Michael Wilken, 56, of Newport, Minn. Juarez did not sustain any injuries and alcohol is not suspected at this time. The incident happened at the intersection of Frost Avenue and White Bear Avenue at about 8:30 p.m.

Wilken, who served as a Ramsey County Reserve Officer for 10 years, was directing traffic at the Fright Farm Haunted House when he was struck by a car heading north on White Bear Avenue. Wilken was taken to Regions Hospital with multiple critical injuries, but was pronounced dead at the hospital early Sunday. Wilken was volunteering at the Halloween event, which is operated by the Sheriff's Office, when he was struck. He has a

longstanding history of volunteerism at community events and parades. "Mike was an outstanding volunteer who loved serving others and gave his own time to help with numerous events in the community. His commitment is to be greatly admired," said Ramsey County Sgt. Eric Bradt. Maplewood Police said the incident appears to have been accidental.

Letter sent to the Chief...

Chief Mark Taylor
Northfield Police Department
Safety Center
300 West 5th Street
Northfield, MN 55057

Greetings,

On behalf of the Reserve Officers of the Northfield Police Department, I want to take this opportunity to thank you for your support during the period following the death of “big Mike”, the Ramsey County Reserve Deputy who died in the line of duty.

As a volunteer with the police department, I personally appreciate your allowing us to drive the marked Blazer to the funeral so we could be a part of the procession. In my over 20 years of service to the law enforcement community, it has been difficult times like these that one can truly identify with the phrase “police family”.

It was important for us as reserves to be present for the friends and family of Reserve Deputy Michael Wilken. We wanted to honor big Mike for the service and sacrifice he gave to law enforcement and his community. You allowed us to do that with dignity.

I know I speak for all the reserves when I say it continues to be an honor to volunteer our time and talent as Reserve Officers for the Northfield Police Department.

Thank you for your ongoing support,
Reserve Officer Steve Moses



Minnesota
**WINTER HAZARD
AWARENESS WEEK**
November 9–13, 2009



Information on Outdoor Winter Safety Facts

- Last winter, two people died after falling through the ice.
- Over the last 10 years, 43 people drowned after breaking through thin ice.
- Sixty-five percent of all ice drownings are vehicle related.
- Last winter, 10 people died in snowmobile accidents.
- Last winter, 70 percent of snowmobile deaths were alcohol or drug related.

Safe Behavior

- Never walk on ice less than four inches thick. Don't snowmobile on less than five inches or drive your car on less than eight inches of new, clear ice.
- Warn your children to stay away from ice-covered ponds and streams.
- Avoid alcoholic beverages, especially when snowmobiling. Alcohol causes the body to lose heat more rapidly, even though one may feel warmer after drinking alcoholic beverages.
- Avoid overexertion. Cold weather even without physical exertion, puts an extra strain on the heart. If you add to this the strain of heavy physical activity, such as shoveling snow, pushing an automobile or even walking too fast or too far, you risk damaging your body.
- Watch for FROSTBITE and other symptoms of cold-weather exposure. Frostbite causes loss of feeling and a white or pale appearance in extremities such as fingers, toes, tip of nose and ear lobes. If such symptoms are detected, get medical attention immediately. Do not rub with snow or ice. This does not help the condition and, in fact, will make it worse. The best treatment for frostbite is re-warming the affected tissue.
- Drink plenty of fluids. Dehydration can be a severe problem.
- Keep yourself and your clothes dry. Change wet socks and all other wet clothing as quickly as possible to prevent loss of body heat. Wet clothing loses its insulation value and transmits heat rapidly.
- If paralyzed persons or infants must go outside in severe weather, they should be checked frequently for signs of frostbite.

Winter Attire

- Dress warmly in loose-fitting, layered, lightweight clothing. Outer garments should be tightly woven, water repellent and natural wool, if possible.
- Wear a hat. More than half of body heat is lost through the top of the head.
- Wear mittens that are snug at the wrist. Mittens offer better protection than, gloves which allow your fingers to cool much faster.
- Cover your mouth and nose with a scarf to help protect lungs from cold air. Attempt to keep your feet as dry as possible. Wear wool socks.

Frostbite

Frostbite is serious and can result in permanent damage to blood vessels. Frostbite occurs when body tissues are injured or damaged from frost. This is most common when the extremities, such as the ears, cheeks, nose, fingers and toes, are exposed to cold temperatures and do not receive sufficient heat from central body stores. Damage from frostbite can cause scarring, tissue death, and amputation. The freezing point of the skin is about 30 degrees F. As wind velocity increases, heat loss is greater and frostbite will occur faster.

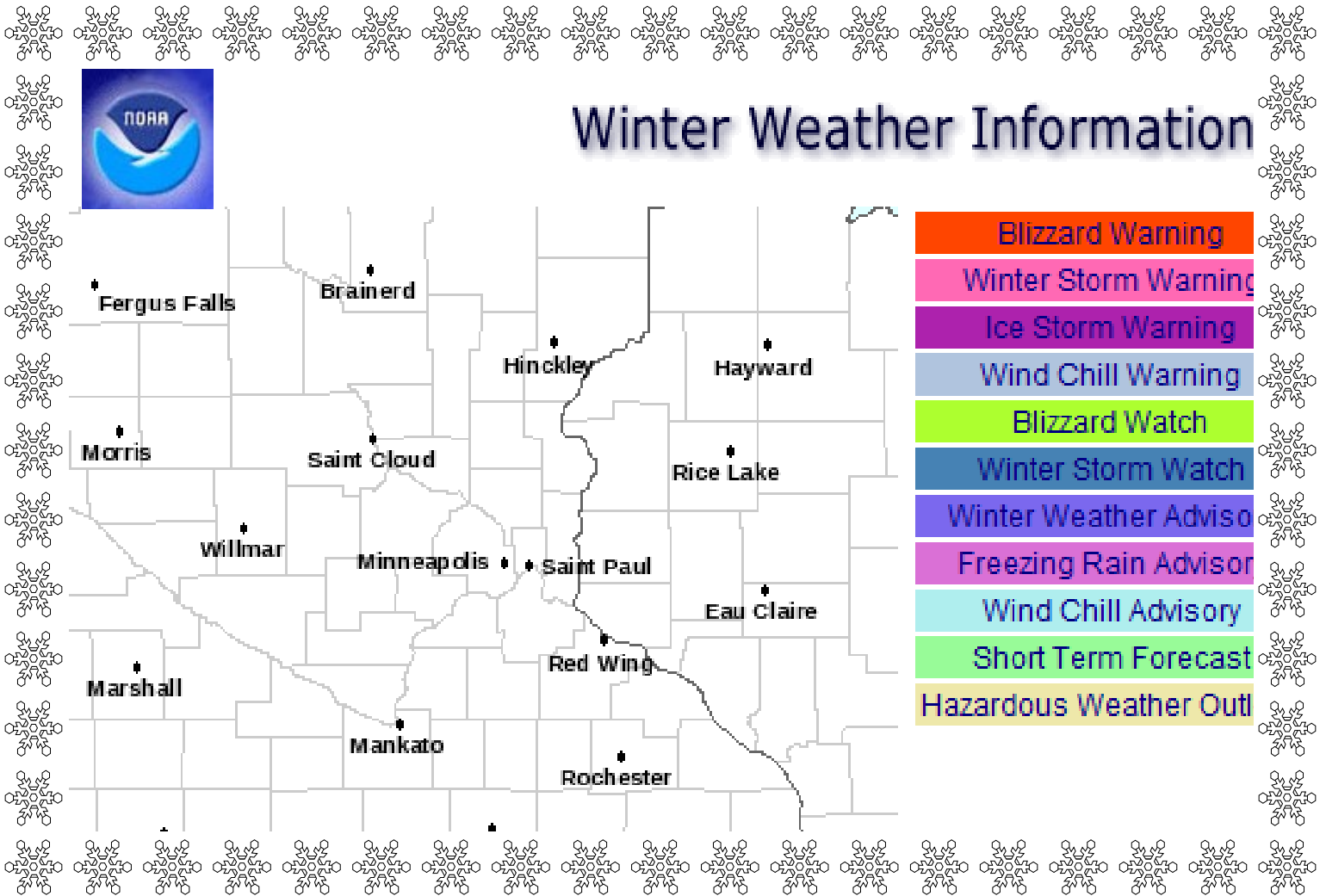
The main factors that contribute to frostbite are exposure to humidity and high winds, contact with wetness or metal, inadequate clothing, age and general health. Physical conditions that worsen the effects of cold include allergies, vascular disease, excessive smoking and drinking, and specific drugs and medicines.


For more information on how to prevent and treat frostbite and hypothermia, see the Minnesota Safety Council fact sheet at:

<http://www.minnesotasafetycouncil.org/facts/factsheet.cfm?FS=35&CID=&KW=frost>

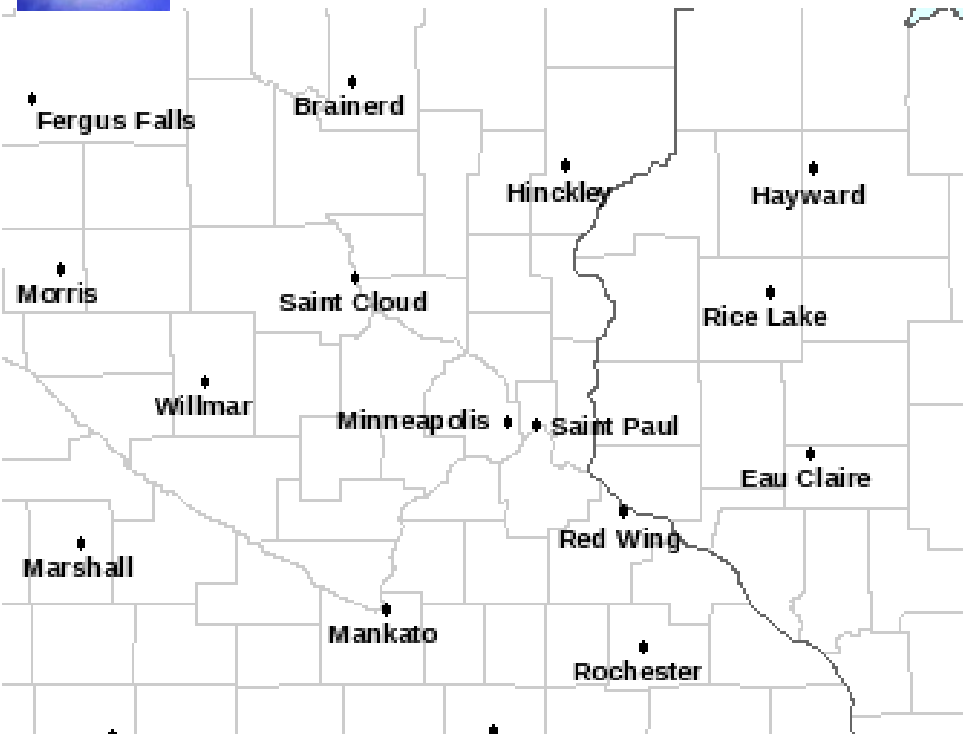
More info at: http://www.winterweather.state.mn.us/WHAH_OutdoorWinterSafety.asp

Go to the NOAA web site at <http://www.crh.noaa.gov/mpx/winter.php> for winter weather facts and current conditions.





Winter Weather Information



- Blizzard Warning
- Winter Storm Warning
- Ice Storm Warning
- Wind Chill Warning
- Blizzard Watch
- Winter Storm Watch
- Winter Weather Adviso
- Freezing Rain Adviso
- Wind Chill Advisory
- Short Term Forecast
- Hazardous Weather Outl

2009 St. Olaf Christmas Festival Dates December 3—6, 2009

Continued from page 1...

St. Olaf College hosted the State Cross Country Meet on Saturday, November 7, 2009. Thanks to Reserves Moses, Feldhake, Jerin, Steling and Sgt. Engstroem for devoting much of a beautiful Saturday to help St. Olaf Security with this event. From what I heard it sounded as everything went very well and your efforts were noticed and appreciated.

The following was sent from Fred Behr, St. Olaf College, reference needs for the upcoming St. Olaf College Christmas Concert. Please come to meeting, Monday, November 16, 2009, prepared to sign up for shifts.

Mark and Mark,

We will need 14 reserves for the 2009 Christmas Festival Dec. 3, 4, 5 & 6 to assist with traffic. Times are as follows:

12/3 1800-2230

12/4 1800-2230

12/5 1800-2230

12/6 1400-1830 * note early start

Thanks! Fred

Reserve Interviews

Interviews for prospective Reserves will be on Saturday, November 14, 2009. We have 5 that we will be interviewing. Helping out with the interviews will be Sgt. Engstroem, Moses and Sterling along with Deputy Chief Walerius and myself. We will give you an update at our November Meeting.

Leadership Position Openings

Finally, as you know, Captain Murphy has decided to step down from this position at the end of the year. I have been talking to Chief Deputy Walerius and Chief Taylor about the process for filling this position and two Reserve Sergeant positions. The two Sergeant positions would be in addition to the two already in existence. They have asked that I solicit interest in the three positions. If you are interested in any or all of the positions, please send me a letter of interest, outlining your experience and qualifications. Please get them to me by Monday, November 23. We will review the letters of interest and then do interviews. My intention would be to have a decision by our December meeting so we can get everyone into position for the start of 2010.

Well, I think I have said enough for now, we can discuss these items in greater detail at the meeting. Thanks for all you do and take care.

Sgt. Murphy

Captains Corner Coming soon....

The newsletter editor wishes to apologize to Captain Murphy for not waiting for his article to get the November NPDR Beat out.

Given the amount of material, and the time sensitive nature of some of it, I thought it best to get this out as soon as possible.

This newsletter will be resent with Captain Murphy's article included as soon as it is received.



The Story of my Life

Sergeant Mark Murphy
Northfield (MN) Police
Department
300 W 5th Street
Northfield, MN 55057



Happy Birthday!

November
13 David Jandro
29 Scott Kerling

December
2 Jason Witt
22 Ronald Kotek

**Missed your
birthday, not your
birthday?
Let Steve know.**



**Reserve
Cell Phone**

**If you have not
sent Steve your
“Better Know a
Reserve” info
please consider
doing so.**

Thanks!

Better Know a Reserve - Steve Moses -

1) I'm a Medical Laboratory Technician who works third shift at Northfield Hospital in the Clinical Laboratory, and I am a deacon (clergy) assigned to Divine Mercy in Fari-bault and St. Patrick's in Shieldsville.

2) I'm married to Anne Jarvis (23 years) and we have two sons, Josh (18) at Mankato State, and Jon (15) 10th grade at Northfield High School.

3) I like to know my town better, and I love to serve my community with the men and women in law enforcement. I have been doing this in one capacity or another for over 20 years.

4) I volunteer for my parishes doing some teaching, preaching, weddings, baptisms, and so on. I have volunteered at 'Thursday's Table', I have also been a chaplain with the Rice County Sheriff's Department.

5) In my past I successfully completed the Police Reserve Academy with St. Paul and was an active reserve for several years. While living in Woodbury I was member of the Park Patrol. I also completed the Chaplain Academy for St. Paul and was an active Chaplain until moving to Northfield in 2002.

Next Reserve Meeting
7 pm Monday,
December 21st